## Tea Tree

- 1. TEA TREE ESSENTIAL OILSAY GOODBYE TO RAZOR BURN! APPLY AFTER SHAVING TO PREVENT ANY SKIN IRRITATION. YOU CAN ALSO MIX MELALEUCA WITH A BOTTLE OF FRACTIONATED COCONUT OIL FOR A GREAT FACIAL MOISTURIZER. CONSIDER ALSO MIXING WITH LAVENDER OR FRANKINCENSE FOR ADDED BENEFIT.
- 2. ADD "OOMPH" TO YOUR LOTION. HELP SOOTHE YOUR SKIN BY PLACING 1 DROP OF MELALEUCA ESSENTIAL OIL IN YOUR MOISTURIZER DURING YOUR MORNING AND NIGHT SKIN ROUTINE. YOU CAN ALSO APPLY TO SKIN BLEMISHES AS PART OF A DAILY CLEANSING PROGRAM.
- 3. BATHROOM CLEANER. COMBINE 10 DROPS OF MELALEUCA WITH ½ CUP BAKING SODA AND ¼ CUP VINEGAR TO CLEAN THE TOILET.
- 4. REFRESH YOUR WASH. ADD A COUPLE DROPS OF MELALEUCA TO LAUNDRY DETERGENT TO GET RID OF ANY MUSTY SMELLS CAUSED BY POOR VENTILATION.
- 5. HOMEMADE BABY WIPES. CUT A PAPER TOWEL ROLL IN HALF AND PLACE IT IN A STORAGE CONTAINER WITH 2 CUPS WARM WATER, 2 TABLESPOONS FRACTIONATED COCONUT OIL AND 3 DROPS EACH OF MELALEUCA AND LAVENDER. WHEN THE LIQUID IS ABSORBED, REMOVE THE CARDBOARD ROLL AND PULL WIPES FROM THE CENTER.
- 6. FOR WHEN SOAP WON'T DO IT. MELALEUCA IS GREAT FOR REMOVING PERMANENT MARKER FROM SKIN.
- 7. BABY BOTTOM REMEDY. MIX WITH FRACTIONATED COCONUT OIL, LAVENDER, AND FRANKINCENSE TO MAKE A DIAPER PASTE FOR BABY'S IRRITATED SKIN.
- 8. TOO MUCH FUN IN THE SUN? APPLY TO THE SKIN DURING YOUR FAMILY VACATION OR AFTER A LONG DAY IN THE SUN.
- 9. SLEEP FEELING CLEAN. SPRAY MELALEUCA ON YOUR MATTRESS PAD WHEN YOU CHANGE THE SHEETS.
- 10. HANDY FOR HIKERS. TAKE MELALEUCA ESSENTIAL OIL IN YOUR PACK NEXT TIME TO TAKE THE OFF BEATEN TRAIL. MELALEUCA IS A GREAT CLEANSING AGENT FOR OCCASIONAL SCRAPES AND OTHER SKIN IRRITATIONS.
- 11. LEARN FROM THE PAST. HISTORICALLY, MELALEUCA OIL WAS USED AS A CLEANSER FOR THE FACE AND TO DEAL WITH PERIODIC SKIN AND TOENAIL CHALLENGES.
- 12. BOOST YOUR IMMUNE FUNCTION. DIFFUSE MELALEUCA OR RUB IT ON THE BOTTOM OF YOUR FEET. COMBINE WITH THE PROTECTIVE BLEND FOR EVEN MORE IMMUNE SUPPORT.
- 13.CHEMICAL-FREE CLEANING. DILUTE 8-10 DROPS WITH WATER IN A SPRAY BOTTLE TO CLEAN AROUND THE HOUSE. IT IS GREAT TO USE IN DAMP PLACES AND IN THE BATHROOM!
- 14.A YOUNG ATHLETE'S BEST FRIEND. APPLY DIRECTLY TO THE FEET AND TOENAILS AFTER PRACTICE EACH NIGHT AND ESPECIALLY IF YOU ARE ALSO SHOWERING, SWIMMING OR EXERCISING IN PUBLIC, HIGH TRAFFIC AREAS.
- 15. HEALTHY, HAPPY YOU. MASSAGE ONTO THE BOTTOMS OF FEET AND THE CHEST AREA TO PROMOTE OVERALL HEALTH, ESPECIALLY DURING THE WINTER.
- 16. FOR OCCASIONAL SKIN IRRITATIONS, APPLY MELALEUCA DIRECTLY TO THE SKIN OR DILUTE WITH A DROP OF FRACTIONATED COCONUT OIL.